

## Church Brothers Foodles Nutrition Panels



*Church Brothers - Foodles*  
*Ants on a Log*  
4.25oz

<b>Nutrition Facts</b>	
Serving Size 1 portion (120g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories 240</b>	<b>Calories from Fat 130</b>
<b>% Daily Value*</b>	
<b>Total Fat 15g</b>	<b>23%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 190mg</b>	<b>8%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 16g	
<b>Protein 8g</b>	
Vitamin A 6%	• Vitamin C 4%
Calcium 6%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g



*Church Brothers - Foodles*  
*Pretzel Tray*  
4.75 oz

<b>Nutrition Facts</b>	
Serving Size 1 portion (135g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories 110</b>	<b>Calories from Fat 30</b>
<b>% Daily Value*</b>	
<b>Total Fat 3.5g</b>	<b>5%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol &lt;5mg</b>	<b>2%</b>
<b>Sodium 400mg</b>	<b>17%</b>
<b>Total Carbohydrate 16g</b>	<b>5%</b>
Dietary Fiber 3g	<b>12%</b>
Sugars 6g	
<b>Protein 3g</b>	
Vitamin A 130%	• Vitamin C 4%
Calcium 10%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g



*Church Brothers - Foodles*  
*Veggie Tray*  
5.5oz

<b>Nutrition Facts</b>	
Serving Size 1 portion (156g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories 70</b>	<b>Calories from Fat 30</b>
<b>% Daily Value*</b>	
<b>Total Fat 3g</b>	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 270mg</b>	<b>11%</b>
<b>Total Carbohydrate 10g</b>	<b>3%</b>
Dietary Fiber 3g	<b>12%</b>
Sugars 5g	
<b>Protein 1g</b>	
Vitamin A 160%	• Vitamin C 10%
Calcium 6%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g